

Competence 1

The ability to perform work activities in a safe manner, to legislative and company operating requirements

This meets the requirements of IMCA S/S30/000//01/1.1;1.2;1.3;1.4;2.1 & 5.1

Candidate Name:		Date:	
Activity Number (1,2, or 3):			

Performance Criteria: all of these must be assessed over a minimum of 3 work activities

Type of Evidence: Observation (O), Work Product (P), Written (W), Questioning (Q), Not Covered (N/C) or Not Applicable (N/A)

Performance Criteria		Type of Evidence
a)	Has participated in an offshore safety induction	
b)	Demonstrates the ability to follow safety instructions and use appropriate safety equipment for deck and outside operations	
c)	Demonstrates the ability to identify different areas in the workplace, the risks associated with each and a basic understanding of the regulations	
d)	Demonstrates the ability to follow muster calls, shipboard drills and exercises	
e)	Demonstrates the ability to locate muster points, life-saving equipment, fire fighting and safety apparatus	
f)	Demonstrates the correct usage of personal protective equipment and safety aids, including: the ability to secure, use suitable harness and work safely at height	
g)	Has read and demonstrated an understanding of company health, safety, environmental and quality procedures	
h)	Demonstrates the ability to locate all relevant health and safety, environmental and quality procedures at worksite	
i)	Has read and demonstrated an understanding of company emergency procedure documents and where to find them	
j)	Demonstrates knowledge of personal role and role of others in emergency situations	
k)	Demonstrates the ability to raise emergency alarm and to alert others	

Witness name: (If applicable in assessment plan)		Date:	
Assessor name:		Date:	